Justin- There is no right way to write or read this, but to say that my mother was the kindest, and most caring person I have known. I do not think she realized how many people she touched by her actions. She had done so much for our family and others, before she did for herself. The only thing keeping me sane through all of this, is knowing all the pain she has been dealing with is gone.

She went into the hospital at the end of February for heart issues. The same day they discharged her; do you know what she did? Went on a cruise. She left for a seven-day cruise to the Bahamas. All I can do is laugh and remember the moments. She was indeed a strong woman and when she wanted to do something, she was going to do it.

There is no unfinished business for Shelia Alston. She did everything she needed to do. She is resting now with her mother, as she should be.

Victor (Brother)- To my lovely big sister who I miss already. How much my heart hurts that you are not here but you're going to a better place. You will always be here in my heart and spirit. Lovely sister, love you so much.

Toccarra and Calissa (Nieces)-I thank god for blessing so many with your smile, your kind heart, your love for god, and your love for others. I have so many memories to hold on to and that makes me smile. You were always so full of life. We are going to miss our club dances in the house, our laughs, and our jokes. You were always dressed to impress and you always stayed groomed. I know I'm gonna miss everything about you. But I'm glad you left me so many memories to hold on to. I love you so much and I just ask that you watch over all of us.

Raven (Niece)- Aunt Shelia, I know you are in a better place with no more pain and that is what brings me comfort. I'll miss you dearly, especially your laugh that still brings a smile to my face when I think of it. Watching movies with you and having dinners, these are the memories that are going to help me now that you're no longer here. They will be used to remind me of the happy moments we share and let me know you're never too far away. I love you auntie. You will forever be missed, your niece, Raven.

Niles (Nephew)-When I heard my aunt passed, my heart was heavy. The last time I saw her was in the hospital mid-February. When I saw her I tried to make her laugh and give her motivation from her situation. The last thing she told me was "be good Niles". I'm glad she told me that because it will remind me that I can thrive to be just that. My aunt was a wonderful and cheerful person. She was also very direct and focused. She knew what she wanted and how she wanted it. I cherish the memories she leaves me with. She's done so much for me. I always loved coming to her house. Whether it was to eat, to sleep over, or just to check up on her. She always wanted me to be better. I am saddened by her passing but she has been fighting for a long time. I know In God's great kingdom she has a new home. Love always, Niles.



Renee- Don't grieve for me, for now I'm free. I'm following the path God laid for me. I took his hand when, I heard his call, I turned my back, and left it all. Do not cry for me, for God knows what is best, take charge of your life, and love on who is left.



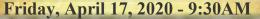
Acknowledgements

The family acknowledges with deep appreciation all acts of kindness extended to them during this bereavement hour. God bless you for all your thoughtfulness and concern.

Professional Service Entrusted To: **Ross-Roden Funeral Services, LLC.** 725 Gun Hill Road, Bronx, NY 10467 718-547-0640 • Fax 718-547-2354 info@rossroden.com www.rossroden.com

Francine Ross-Roden, CFSP – Licensed Funeral Director

Sheila Roberta Alston April 28, 1960 - April 4, 2020



The Church of the Open Door 201 Gold St., Brooklyn NY 11201

Obituary

God called **Sheila Roberta Alston** home on April 4, 2020. Sheila was born in Brooklyn Jewish Hospital on April 28, 1960.

She was educated in the New York City Public School system. She graduated from Bay Ridge High school in 1978. She attended York College, and various New York City training programs. She also attended New Rochelle College both the Long Island & Brooklyn campus. Her biggest and proudest accomplishment was the birth to her son, Justin Remell Alston on October 7, 1988.

Sheila worked in Banking and with developmentally disabled adults for several years. In her spare time, she worked for Prime America Financial Service. She helped several friends, and family members become financially independent and showed them how to secure inheritance for their loved ones. Sheila was employed by





NYCHA for over thirty years. She retired in October 2018, after various honors, and accomplishments.

Sheila found Christ at an early age. She attended Goodwill Baptist Church, under the leadership of Pastor Evans later on in life she moved her membership to Holy Cross C.O.G.I.C, under Pastor David Corbett where she sang in the local, district, and national choir, under the late Mattie Moss Clark. She lead the song, "Jesus will work it out." She also served on the pastor's aide board, faithfully. She moved her membership to Grace Tabernacle C.O.G.I.C, under the late Reverend Timothy Wright, after the relocation of Holy Cross to Delaware. She served at Grace with the same compassion she had at Holy Cross. Sheila's final place of worship was The Church of the Open Door, under Rev. Dr. Mark Pastor Taylor.

Sheila was preceded in death by her Mother and Father, Mable Louise Alston and Robert Alston.

She leaves to cherish her memory, son Justin Alston, brother Victor Alston, and her sister Renee Alston. A host of nieces, nephews, cousins, friends, and other family members.

Order of Service

Prelude Bro. Dwayne Stevens

Processional and Scriptural Admonition

Prayer Of Comfort Rev. Dr. mark V. C. Taylor

Hymn No. 27 – Blessed Assurance

Scripture Lesson: Old Testament Ecclesiastes 3:1-11 New Testament 2 Corinthians 5:4-9

Acknowledgement & Condolences

Selection

Obituary

Selection

Eulogy Rev. Dr. Mark V. C. Taylor

Recessional

Final Viewing

Internment Rose Hill Cemetery