

Sunrise: April 12, 1953

Sunset: November 28, 2015

Service

Thursday, December 3, 2015 - 12:00 Noon

UNITY FUNERAL CHAPELS, INC.

2352 8th Avenue • New York, NY 10027

Pastor George Peters, Officiating World Changers Church - New York

2417 Grand Concourse • Bronx, NY 10468

Rev. David Jenkins, Organist

Obituary

Valerie began her life in the mid 1950's, the first born to Mildred and Ernest Cook. Shortly after, her sister, Vanessa was born in 1954.

It was hard times during that era, and the sisters had their fair share of the hard times and the struggles, but together they made it.

After the loss of their mother in 1970, the Cook sisters managed to begin living their lives and being on their own.

Valerie then married her high school sweetheart, Amar John Alston and together they produced three young men: Amar D. Alston, Jumile K. Alston and Armil P. Alston. They enjoyed the married life, until a tragedy took Valerie's husband away.

Scared, alone and not knowing what to do, Valerie turned to what she felt was her greatest love, our Lord Jesus. Valerie continued to put all her faith in the Lord and began to push forward. She received assistance from the government and her family, so that she could keep a roof over her families head.

Valerie then returned to school, where she began to study nursing. Shortly after completing school she began her search. After working at a few different places, she still wasn't happy until she landed a job at "The Jewish Home and Hospital". Valerie made good money and her and the boys changed for the better. God shined on Valerie and the family.

Valerie was still single and doing everything on her own, yet she never ever complained about anything, her motto was "I'll give it all to GOD".

In 1980, she met a gentlemen by the name of Walter Madden, who later became the stepfather of the boys, a strong male figure for them and her back bone. After years of courting, she and Walter produced a son which is the youngest of the boys, Walter. Her life was well and GOD continued to provide for them all.

Valerie made all of her sons good men and always led them to trust, believe and move closer to GOD...so with this we are not mourning her life but instead we are celebrating it. One of Valerie's last words were "when you cry for me, let them be tears of joy".

Valerie leaves behind: her sister, Vanessa Brown; four sons, Amar, Jumile, Armil and Walter; her first grandson, Amar J. Alston; two grandsons from her third son, A.J and Adrian Alston; and her one and only granddaughter, Amari Alston. Valerie has cousins, nieces and nephews that she loved as well.

Order of Service

Prelude

Processional Family and Ministers

Pray of ComfortPastor George Peters

Old Scripture Reading New Scripture Reading

Selection

Reflections

RemarksLimited to 2 or 3 people for 2 minutes each

AcknowledgementsReading of letters and cards

Selection

Eulogy Pastor George Peters

Alter Call

Final Viewing/Recessional

Interment

Mt. Rest Cemetery Butler, New Jersey

I'm Free

Don't grieve for me, for now I'm free I'm following the path God laid for me I took his hand when I heard Him call I turned my back and left it all. I could not stay another day. To laugh, to love, to work or play. Tasks left undone must stay that way, I found that peace at the close of day. If my parting has left a void, Then fill it up with remembered jov. A friendship shared, a laugh, a kiss, Oh, yes these things I too will miss. Be not burdened with times of sorrow, I wish you the sunshine of tomorrow. My life's been full, I savored much. Good friends, good times, a loved one's touch. Perhaps my time seemed all too brief, Don't lengthen it now with undue grief. Lift up your heart and share with me, God wanted me now, He set me free!

-author unknown

Acknowledgement

The family acknowledges with deep appreciation all acts of kindness extended to them during this bereavement hour.

May God bless you for all your thoughtfulness and concern.

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