

*In Loving
Memory
of*

Sunrise
June 19, 1970

Sunset
August 6, 2012



Tonia P. Armstrong

Service

Saturday, August 11, 2012 - 10:00 a.m.

NEW MOUNT ZION BAPTIST CHURCH

171 West 140th Street • New York, New York

Rev. Carl Washington, Officiating Minister

Obituary

Tonia Patricia Armstrong born on June 19, 1970 in Harlem, New York to Paula Squall and Calvin Fripp.

Tonia was educated in the New York City School System and studied at Cornell University School of Industrial and Labor Relations. She worked at Mount Sinai Hospital where she discovered her talent which was to provide the up keep and logistics for all public school on site clinics.

Tonia recently received the Lord and was baptized. She was a shining star that brightened everybody's world with her smile. She loved music and provided her family and friends with many mixed cd's that expressed her passion. She was a smooth operator who knew how to glide across a dance floor swiftly. We can often hear her say "Hey". She had the pleasure of meeting one of her greatest artist Mary J. Blidge as she volunteered in the non profit industry.

On any given day Tonia would round up her friends to head to Atlantic City where she enjoyed the pleasures of comedy shows, comedy and gambling.

She leaves behind: her loving parents, Paula and Calvin; her two sisters, Tyra and Tyesha; her four aunts, Charlotte, Netty, Fredricka and Shirley; her great aunt, Eugenia and Wooks; one uncle, Joseph; two godsons, Kody Jenkins and Brian Smith; two goddaughters, Felicia Pringle-Amstead and Maray Reid; four nieces, Nhya, Madison, London and Asia; one nephew, Jason; and a host of cousins, extended family Watson and Jenkins; and a host of family and friends.

Order of Service

Processional

Solo

Scripture

Prayer

Solo

Acknowledgements

Remarks

Poem

Obituary

Selection

Eulogy

Committal

Viewing

Recessional

Interment

Maple Grove Cemetery
Hackensack, New Jersey

Tonia's Angels



I'm Free

*Don't grieve for me, for now I'm free
I'm following the path God laid for me
I took his hand when I heard Him call
I turned my back and left it all.*

I could not stay another day.

*To laugh, to love, to work or play.
Tasks left undone must stay that way,
I found that peace at the close of day.*

*If my parting has left a void,
Then fill it up with remembered joy.
A friendship shared, a laugh, a kiss,
Oh, yes these things I too will miss.
Be not burdened with times of sorrow,
I wish you the sunshine of tomorrow.*

*My life's been full, I savored much.
Good friends, good times, a loved one's touch.
Perhaps my time seemed all too brief,
Don't lengthen it now with undue grief.
Lift up your heart and share with me,
God wanted me now, He set me free!*

-author unknown

Acknowledgement

The family acknowledges with deep appreciation all acts of kindness extended to them during this bereavement hour. God bless you for all your thoughtfulness and concern.

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