

METROPOLITAN BAPTIST CHURCH 149 Springfield Avenue • Newark, NJ

Rev. Dr. David Jefferson, Sr., Officiating

Reflections of Life

Sheila Thomas was born on September 15, 1946 in Newark, NJ to the late James Stevens and Melissa Boddie. Sheila grew up in Newark, NJ. Sheila attended Miller Street Grammer School and graduated from South Side High School in 1964 in Newark, NJ. Following High School Sheila was employed by the Compensation Rating and Inspection Bureau on August 2, 1969. In 1978 Sheila was made Assistant Supervisor in the General Clerical Department. Sheila was employed with the Bureau for forty-two years until she retired in June 2011.

Sheila was a loving, family oriented, and generous person. Sheila was also strong willed, and fiesty, but you could always depend on her to get the job done.

Sheila Thomas leaves a legacy of love with her daughter/ niece Brandy Caldwell-Patterson; nieces and nephews, Tuana Grundy, Lawrence Gordon, Tony Bruce, Edwina and Jamal Berry, Alana Parker and Capri Johnson; sisters and brothers, Evon Berry (John L. Berry Jr. Brother-in-law), Denise McCrorey, Alvin and Christina Stevens; with special love and acknowledgement to Mr. Walter Frazier and Mr. Leroy Hunt, also survived by a host of family and friends.



Order of Service

Processional

Scripture Reading	2.1 14
	3:1-14Sandra Slade Sandra Slade
Prayer of Consolation	Pastor Burt Baker
Solo	Yvette Glover
AcknowledgementsCards, Telegrams, and other Expre	Pastor Burt Baker
Remarks (Pleas	e limit your remarks to 2 minutes)
Hymn	"His Eye Is On The Sparrow" Choir
Obituary	Shirley Grundy
Eulogy	Rev. Dr. David Jefferson, Sr.
Benediction	Rev. Dr. David Jefferson, Sr.
Recessional	

Interment
Heavenly Rest Memorial
East Hanover, New Jersey

"I'm Free"

Don't grieve for me, for now I'm free I'm following the path God laid for me I took his hand when I heard Him call I turned my back and left it all. I could not stay another day. To laugh, to love, to work or play. Tasks left undone must stay that way, I found that peace at the close of day. If my parting has left a void, Then fill it up with remembered joy. A friendship shared, a laugh, a kiss, Oh, yes these things I too will miss. Be not burdened with times of sorrow, I wish you the sunshine of tomorrow. My life's been full, I savored much. Good friends, good times, a loved one's touch. Perhaps my time seemed all too brief, Don't lengthen it now with undue grief. Lift up your heart and share with me, God wanted me now. HE SET ME FREE!

<u>Acknowledgement</u>

Perhaps you sent a lovely card or sat quietly in a chair.

Perhaps you sent a floral piece If so, we saw it there.

Perhaps you spoke the kindest words as any friend could say.

Perhaps you were not there at all just thought of us on that day.

Whatever you did to console our hearts, We Thank You, Whatever the part.

Professional Services Provided By

COTTON FUNERAL SERVICE COTTON-PARKER FUNERAL HOME 130 Main Street 1025 Bergen Street 37 Clinton Avenue Orange, NJ Newark, NJ Jersey City, NJ 973-675-6400 973-926-6400 201-433-1000